

CHOCTAW PUBLIC SCHOOLS

Base Menu Spreadsheet

Portion Values - Detailed

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May 3, 2021 thru May 20, 2021

ELEMENTARY LUNCH

Generated on: 4/22/2021 2:07:05 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/03/2021			
ELEMENTARY LUNCH	Total	1	
Chili Pie	serving	1	22.77
pinto beans can	.75	1	27.91
APPLE CRISP	SERVINGS	1	28.19
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			100.25
% of Calories			48.5%
Nutrient Guideline			

Tue - 05/04/2021			
ELEMENTARY LUNCH	Total	1	
PIZZA ALPHA WG PEPPERONI	slice	1	35.0
PEAS GREEN,CANNED,DRAINED	1 CUP	1	16.07
ORANGES HALVES	1/2 EACH	1	5.64
Fudge Cookie	servings	1	24.93
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			103.02
% of Calories			51.0%
Nutrient Guideline			

Wed - 05/05/2021			
ELEMENTARY LUNCH	Total	1	
SPAGHETTI AND MEAT SAUCE	1 CUP	1	37.37
CORN: canned, yellow	1 CUP	1	23.52
BANANAS	1 EACH	1	23.07
Roll Whole Grain	1.1	1	15.0
CRACKERS, GRAHAM	1 EACH	1	22.02
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			142.35
% of Calories			63.8%
Nutrient Guideline			

Thu - 05/06/2021			
ELEMENTARY LUNCH	Total	1	
Teriyaki Pulled Pork	Serving	1	577.08
CARROTS: canned, cooked	1 CUP	1	8.09
FRENCH FRIES: oven heat	serving	1	15.6
APPLESAUCE, SWEETENED	1 CUP	1	43.03
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			665.17
% of Calories			85.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/07/2021			
ELEMENTARY LUNCH	Total	1	
Macaroni & Cheese	serving	1	2.0
Ham, sliced	slice	1	0.0
SALAD,TOSSED: no dressing	1 CUP	1	5.61
RANCH	GRAMS	1	0.05
PEACHES: canned,light syrup	1 CUP	1	48.69
Roll Whole Grain	1.1	1	15.0
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			92.73
% of Calories			59.5%
Nutrient Guideline			

Mon - 05/10/2021			
ELEMENTARY LUNCH	Total	1	
TACO SALAD	SERVINGS	1	21.54
pinto beans can	.75	1	27.91
PEARS: canned,light syrup	1 CUP	1	38.08
Chips, Nacho	serving	1	17.0
SALSA:COMMODITY	1 OZ	1	3.97
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			129.87
% of Calories			58.1%
Nutrient Guideline			

Tue - 05/11/2021			
ELEMENTARY LUNCH	Total	1	
PIZZA ALPHA WG PEPPERONI	slice	1	35.0
CORN: canned, yellow	1 CUP	1	23.52
APPLESAUCE,SWEETENED	1 CUP	1	43.03
Rice Krispies Treat Mini	2 each	1	6.0
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			128.92
% of Calories			56.6%
Nutrient Guideline			

Wed - 05/12/2021			
ELEMENTARY LUNCH	Total	1	
LASAGNA WITH GROUND BEEF	SERVINGS	1	27.87
SALAD,TOSSED: no dressing	1 CUP	1	5.61
RANCH	GRAMS	1	0.05
GRAPES,Fresh	1 CUP	1	15.78
Breadstick Cheese Filled	1 each	1	16.0
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			86.69
% of Calories			51.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/13/2021			
ELEMENTARY LUNCH	Total	1	
MEAT LOAF	3/4" SLICE	1	7.96
Potatoes, Mashed	serving	1	12.04
Gravy, Peppered	serving	1	31.75
GREEN BEANS: canned,cooked	1 CUP	1	4.56
BANANAS	1 EACH	1	23.07
Roll Whole Grain	1.1	1	15.0
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			115.75
% of Calories			56.0%
Nutrient Guideline			

Fri - 05/14/2021			
ELEMENTARY LUNCH	Total	1	
Chicken popcorn	serving	1	14.05
Teriyaki Sauce	Serving	1	34.09
RICE, ASIAN BROWN	SERVING	1	42.0
CELERY STICKS	1 CUP	1	4.41
RANCH	GRAMS	1	0.05
APPLE CRISP	SERVINGS	1	28.19
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			144.18
% of Calories			38.1%
Nutrient Guideline			

Mon - 05/17/2021			
ELEMENTARY LUNCH	Total	1	
CHICKEN TACO	2 EACH	1	19.87
pinto beans can	.75	1	27.91
PEARS: canned,light syrup	1 CUP	1	38.08
Chips, Nacho	serving	1	17.0
SALSA:COMMODITY	1 OZ	1	3.97
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			128.20
% of Calories			61.5%
Nutrient Guideline			

Tue - 05/18/2021			
ELEMENTARY LUNCH	Total	1	
PIZZA ALPHA WG PEPPERONI	slice	1	35.0
CORN: canned, yellow	1 CUP	1	23.52
BANANAS	1 EACH	1	23.07
Fudge Cookie	servings	1	24.93
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			127.90
% of Calories			57.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 05/19/2021			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	SERVING	1	19.0
RICE, ASIAN BROWN	SERVING	1	42.0
GREEN BEANS: canned,cooked	1 CUP	1	4.56
FRUIT COCKTAIL:canned,lt syrup	1 CUP	1	36.13
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			123.07
% of Calories			73.7%
Nutrient Guideline			

Thu - 05/20/2021			
ELEMENTARY LUNCH	Total	1	
TUNA SALAD SANDWICH	SERVINGS	1	34.06
Chips, Sun Harvest Cheddar	package	1	18.03
APPLESAUCE,SWEETENED	1 CUP	1	43.03
CARROT STICKS	1 CUP	1	16.84
RANCH	GRAMS	1	0.05
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			133.38
% of Calories			63.0%
Nutrient Guideline			

Weighted Average			158.68
			62.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	158.68	62.04%						

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